



## EAR SURGERY

### POST OPERATIVE INSTRUCTIONS

**704-868-8400**

#### WHAT TO EXPECT

- mild/moderate pain and swelling behind earlobe.
- drainage which may be bloody
- hearing usually takes 6-8 weeks to improve.

#### SPECIAL INSTRUCTIONS

- Your surgeon will give specific instructions if any type of bandage is used.
- Change the cotton ball in the ear canal frequently.
- The suture line may be washed with soap and water. Hair may be shampooed, however, a cotton ball covered with Vaseline should be used in the ear canal to keep out water.
- Avoid hard nose blowing for the first week. Sneeze or cough through the mouth.

#### MEDICATION

- Use Acetaminophen or prescribed pain medication as needed.
- Use prescribed eardrops if instructed by surgeon.

#### ACTIVITY

- Avoid strenuous activity for one week.

#### DIET

- No restrictions.

#### POST OP APPOINTMENT

- Usually two weeks after surgery.

#### WHEN TO CALL

- Call the office during routine hours for questions, concerns, changes, or refills of any medication. Make sure there is enough pain medication to avoid after-hour calls.
- After hours calls should be limited to urgent problems such as excessive bleeding, pain, or fever over 102 that does not respond to fluids and Acetaminophen.